



Seedlings Pre School  
St Johns Memorial Hall

Mobile: 07525 731424

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## Toileting, Nappy Changing & Intimate Care Policy

### Nappy changing & toileting

- All children are welcomed within our setting regardless of whether they are toilet trained or still wearing nappies and we work parents in supporting their child to become toilet trained when it is appropriate for that child to do so.
- When a child is ready to start toilet training we will discuss how we will manage it with the parents and ensure that there is a clear and consistent approach to help the child understand what is expected of them. We will never criticise a child for having a toileting accident and will use praise and reward to encourage them in their learning.
- There are suitable nappy changing facilities within the pre school premises to allow us to accommodate children who are not yet toilet trained. Proper hygiene practices are followed when carrying out nappy changes.
- Toilet training is an important self care skill that children can learn with non-judgemental support and care from adults.
- We promote the importance of good hygiene with regard to toileting such as: washing hands properly, drying them using clean paper towels or a hand drier rather than having a shared hand towel and understanding how to behave within the toilet area such as not touching the floor etc.
- The toilet area is equipped with appropriate level toilets and hand washing facilities as well as child friendly hand driers.
- The toilet and nappy changing areas are cleaned regularly and checked at the start of every session and throughout.
- Nappies and pull ups are disposed of hygienically. All nappies are bagged and put in the designated yellow bag/nappy bin. Cloth nappies, trainer pants and ordinary pants/clothes that have been wet or soiled are double bagged for the parent to take home.
- Appropriate protective clothing is worn by staff members when nappy changing or cleaning up toileting accidents. These include: disposable gloves and aprons.
- A record of all nappy changes will be kept.

### Intimate care when assisting with toileting

Intimate care is the care involved in meeting children's toileting and hygiene needs. The level of care can range from very minimal assistance to full nappy changing care and is based upon the child's individual needs. Below are the main instance of intimate care:

- Full nappy changing
- Changing of a child's clothes and wiping them down following a toileting accident or if they have got their clothes wet or dirty through playing/eating
- Helping a child to pull up or pull down their trousers and knockers/pants so they can go to the toilet
- Helping a child to wipe after they have been to the toilet.

We will:



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- keep a record of nappy changes
- keep a record of assisting a child to wipe after using the toilet
- keep a record of changing a child's clothes after a toilet accident
- Endeavour to protect a child's privacy appropriate to their age and situation when carrying out intimate care
- Allow and encourage children to perform as much of their toileting needs as they can
- Be sensitive to a child's reactions to nappy changing and/or intimate care and will give them reassurance throughout

It is not normally practical from the point of view of staffing resources, for there to be two members of staff involved in intimate care of one child, and also this will not assist the privacy of the child. We will, wherever possible though, advise our staff to inform another member of staff when they are going to undertake intimate care of a child. We will also ensure that all of our staff are aware of our child protection policy.

**Policy Reviewed:** April 2017  
**Written by:** Jennifer Bruton – Pre School Owner